

Homeless Programming Resource

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Every year, 103 million Americans leave \$80 billion in public benefits unclaimed. United Way of Tennessee would like to share an amazing resource to ensure that struggling families in our state are aware of the benefits they qualify for and know how to apply for them.

Tennessee Benefit Kitchen is a free service that all Tennesseans can use. Simply text the word “Benefits” to 211-211, and you will receive a screener that takes 5 to 10 minutes to complete. Then, you will immediately receive notice of tax credits and public benefits for which you are eligible, along with the links to apply for each. The tax credits and benefits covered in the screener currently include:

- Food Stamps (SNAP)
- Cash Assistance (TANF)
- Women Infants and Children (WIC)
- Head Start
- School Meals
- Child Care Assistance
- TennCare (Medicaid, for adults and children)
- ACA (Affordable Care Act for adults and children)
- CHIP (Children’s Health Insurance Program)
- County Medical Services
- Home Energy Assistance (HEAP)
- Lifeline
- Child Tax Credit
- Childcare Tax Credit
- Earned Income Tax Credit